



The Raven's Review

We can't wait for you to join us next year!



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Longfields Davidson Heights Secondary School is the best school you could ask for. Coming September, you are going to be part of the LDH Ravens! We Ravens are a huge group of 2200 students! We are split into 2 main groups: The Intermediates (Gr.7&8) (that's you!) and The High School Students (Gr.9-12). The Raven's Review was written just for you to help prepare you for your upcoming school year! We are just finishing our Grade 7 Year at LDH and wanted to share with you our words of wisdom to help make your year a success too! The staff and students here at LDH are an amazing group of people and are very excited to meet you in September! We hope you enjoy reading about your new school! ☺

Where Everyone Belongs (W.E.B.)

On your first day of school I'm sure that you might be nervous- well that's what W.E.B is for! Also known as "Where Everyone Belongs." On your first day of school you don't need to bring anything except for a lunch. W.E.B has a day planned out for you so that you can get used to your new school. W.E.B makes you feel welcome, so that you feel LDHSS is like your new home. W.E.B is a group of students that set up events that help you bond with each other. They even set up events throughout the year, like movie nights, dances, and many more. Getting the chance to do these events helped students throughout the year because their friendships grew stronger, and they made a lot of new friends. If you want to become a W.E.B leader you will have the chance to do this towards the end of the year. The W.E.B Crew is very helpful, and supports you throughout the entire year!

LDH STYLE

LDH has 4 really cool school colours! Our school colours are purple, white, black and gray. We usually are encouraged to wear our school colours when it's our "First Friday" Celebration which you can read about later on. If you want to get involved in the LDH style our school has merchandise you can purchase. You can buy T-shirts, sweatshirts, water bottles, and more! Are you excited to become an LDH Raven next year?

MEET THE MASCOT

Do you want a school mascot? If "yes", then it's your lucky day! The mascot at Longfields Davidson is a black and purple raven, don't worry he's friendly. The school mascot usually comes out for First Fridays, sport tournaments, and W.E.B. events too.



LDHSS Mascot!

WELCOME
TO YOUR NEW
HOME!



LDH SPIRIT DAYS

Our school has a lot of spirit! Let's go LDHSS! First of all every first Friday of the month we celebrate by having music playing in the main atrium (located in front of the auditorium)! We also hand out candy and clap; it's almost a way to celebrate being closer to the end of the year. First Friday's are not our only way to celebrate spirit at LDHSS. We also have spirit days throughout the year, dances, special guests, plays and spirit weeks. Spirit weeks are where you wear things that fall under different categories. Some of those categories might be ugly sweater day, twin day, pyjama day, crazy hair day and many more. From students' experiences First Friday's and spirit days are awesome because they show all of our spirit. Once you come to LDHSS you'll be full of spirit too!

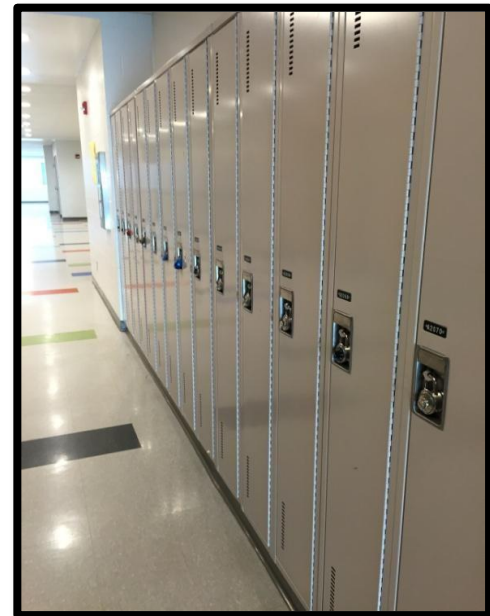
YOUR NEW LOCKER

Are you guys excited to get a locker this year? We are lucky at LDH because we have a separate "Intermediate Wing," which means you each get your very own locker. You might have had a locker before, but it wasn't as important back in Grade 6 as it will be now. In middle school you can't leave your binders in one classroom because you move around from class to class for all of your subjects. This means your locker is going to be essential for storing all of your binders. You are allowed to stop at your lockers during the two break times to switch your books!

Now with your locker there are rules. You can decorate it with mirrors, pencil holders, shoe racks and sticky notes. You can also even write in or on your lockers, but you CANNOT write with permanent marker, only dry erase. A tip for your locker is making sure you have a pencil holder, so you don't lose all of your pencils in your locker. Having a locker means you need to get a lock to keep everything safe.

We suggest buying a lock from the school office or bring one from home.

Your lock will be tricky at first but practice makes perfect. In conclusion, your locker will be essential in middle school and high school to keep your stuff organized for the school year.



This could be yours!

"Spirit days were my favourite days of the year. I got to meet new people and become more comfortable with the school."

SCHOOL SUPPLIES

At LDH we have a lot of different classes so it is important to come prepared and buy all of your school supplies.

- ▣ **Math:** buy a geometry kit, which will include a protractor, ruler, compass, pencil and eraser. You also need to make sure you have lots of pencils, paper, and a calculator.
- ▣ **Literacy, History, and Geography:** make sure you have a pencil case filled with pencils, erasers, pencil crayons, glue stick, scissors, pencil sharpener, and some pens.
- ▣ **Art Class:** this will be up to your individual art teacher. All students will be provided with a sketchbook so that you can have a place to practice for your projects.
- ▣ **French Class:** all you have to bring is a duotang and a pencil, but your French teacher might already have a duotang, but bring one just in case!
- ▣ **Gym Class:** You must bring extra gym clothes and running shoes because if you don't change you will be smelly and stinky. Bring deodorant as well!
- ▣ **Health Class:** bring a pencil and health duotang.
- ▣ **Music Class:** you will either borrow, rent, or buy the instrument that you did the best on when you were tested in Grade 6.

For all your subjects you will need binders to keep everything organized. I keep some of my subjects together in one binder and use dividers to separate everything. You should also keep lined paper in your binders too! However, don't worry about bringing these supplies on the first day because you have W.E.B on the first day!



YOUR NEW TEACHERS!

I bet you're wondering who your teachers will be next year! Here is a list of who your teachers might be for Grade 7:

Mr. MacEwen	Ms. Forbes	Mr. Rose
Mrs. Moore	Ms. Campbell	Mr. Peacock
Mr. L King	Mme. Beaumier	Mme. Savoie
Mme. Timezouert	Mme. Desjardins	Mrs. McGregor
Mr. Stone	Mr. Gardi	Mr. B King
Mr. Fitch	Mrs. Code	Mr. Landry
Mrs. Xidous	Mr. Catana	Mr. Douglas
Ms. MacDonald	Mr. Gumaste	Mr. Hinchley
Ms. Bishop	Ms. Whitehead	Mrs. Bertels

The one great thing about this group of teachers is they are nice, enthusiastic, and can teach very well. They've really lived up to their name. There may still be some changes with the teachers before the start of the new school year, but I can guarantee they will all still be amazing and caring people. I hope you're excited to meet them all.

Joke Break:

Why don't oysters donate
to charity???

Cause
their shellfish!

NEW SUBJECTS THIS YEAR!

Here at LDHSS, you are going to experience some new subjects, and you might even lose some of the subjects you are use to, but nonetheless, you will still have to learn. Last year, your teacher would have taught you social studies, but at LDHSS, it is replaced with geography and history. You will rotate between history and geography, one semester for each topic. One semester is about 18 weeks each. It will be your teacher's choice of which one of the topics you do first. However, just because you are losing social studies, don't get your hopes up for losing math, because you still get math EVERY SINGLE DAY!!

Anyways, you are still going to have visual arts, language arts, science, math, gym/health, drama and French. You will have plenty of fun with all of these subjects, and all of the fun activities you are going to do in them.



This year you will have a homeroom but there will be times you go to different rooms for different subjects.!. You will keep all of your books with you in your locker instead of keeping them in your desk!

CLASS SCHEDULES

Our daily schedule might be similar to your old school and might be a little different and new to you! You will be provided with your own specific schedule on the first day. Here is a blank schedule below:

8:55-10:55	Instructional Block# 1
10:55-11:35	Break – Recess and Lunch
11:35-1:35	Instructional Block#2
1:35-2:15	Break-Recess and Lunch
2:15-3:15	Instructional Block#3

Sometimes you have to go to different teachers for different subjects. This means classrooms are in different locations. Don't worry! The schedule will provide you the room number. Here's a tip! The first digit of the room number represents which floor the room is on! For example-368, it is on the 3rd floor.

You get 2 nutrition breaks and in each one, you get 20 minutes to play and 20 minutes to eat. While you go out to play, the Gr.8s eat, and when you eat, they go out. Students eat as a grade in the cafeteria.

Remember, high school students have a totally different schedule and that's why we don't have bells in between our classes. Your teacher will be the one to dismiss!

ENTRY AND EXIT ROUTINES

Here is where we will tell you about the entry/exit and lunch routines that happen at LDHSS. You can enter our school whenever you want, but you just can't go upstairs to your lockers until 8:35 AM. Until this time you can wait in the atrium. This may seem like a long wait but believe me when I say, it helps a lot in the winter. At our feeder schools, students had to wait until 8:30 AM until we were let inside, even in the winter. Once you hear the bell at 8:35 AM you can go upstairs and get ready for your classes. At about 8:50 AM you will hear music start playing, and this means it is time to go to your first class, which starts at 8:55 AM.

Just like your old school, at LDH we have two different breaks and both are 40 minutes long. During the first 20 minutes of your break you will go outside to play, and 20 minutes later, you will go inside to the cafeteria to eat your lunch.

School ends at 3:15 PM and you have to wait for your teacher to dismiss you! Remember LDH doesn't have school bells in between classes so your teacher will tell you when to leave. Now that you know about the entry, exit and lunch routines, you will be set for Grade 7.

WHERE IS EVERYTHING?

I bet you're wondering where everything is at LDH! We're here to help you figure everything out! Did you know that the Grade 7s and 8s are separated from the high schoolers. We are in the section called the "Intermediate Wing." All of your classes happen in this wing except for gym!

Now that you know where your "Wing" is, there are some other special places around the school that you should know about. The atrium is on the first floor of the intermediate wing and it's a big open space where we do all sorts of fun activities: W.E.B events, gym activities, spirit days, art shows, ping pong, and even drama.

We are lucky at LDH to have 3 gyms. Two of the gyms are for the high school kids and the other gym is for intermediates. One of the high school gyms is called the Fishbowl. The two high school gyms are actually smaller than the intermediate gym.

LDH also has specialty spaces at our school. These spaces include the weight room, spinning room, wood working room, and a tech room too. These spaces are used by the high school students, but sometimes we get to use them.

One last important place is the auditorium. In the auditorium we have all sorts of presentations like Talent Shows, drama plays, and assemblies. I like the auditorium because it has comfy chairs!

On the first day of school the W.E.B crew will give you a tour of where everything is! It might seem confusing at first but after the first week you will be good to go!

"It can be scary at first being in such a large school, but everyone is here to help, and it won't take you long to figure it out."

SPORTS AT LDH

Do you like to play sports? Do you like to learn how to play new sports? If you do I think that you should try out for a lot of the sports teams here at LDHSS. Some of the same sports that you will still get to do at LDHSS are Soccer, Basketball, Volleyball, Track and Field, and Cross Country. The new sports that you will be learning are Field Hockey, Tchoukball, Touch Football, and Badminton. Do you think you might try one of these new sports?

At LDHSS you can also do intramurals. To do intramurals your gym teachers will tell you what sport you will be doing. If you want to do that sport you can make a team and sign your team up. To find out what day your team will be playing, there will be a schedule in front of the change rooms. Your team can be a mix of boys and girls. When I did the soccer intramurals, I had a lot of fun.

If you don't like sports we have clubs for everyone too. You can read about these on the next page! Here at LDHSS we have something for everybody.



**Joke Break:
What did the
football coach
say to the
vending
machine?**

Give me my
quarter back!

SPORTS

&

CLUBS



TRACK AND FIELD

If you like track and field you're going to like it even more when you come to LDH. At LDH we have a variety of events that you can participate in and learn! There are even some that you can do that you have probably seen on the television before. The track events that you can participate in are: 100m, 200m, 800m, long jump, high jump, shot put, and triple jump. Before this exciting day arrives you will have to practice with your gym teacher. To make sure you get practice on all your events you will have to split up your time by practicing an event for two days then switching to your next event.

When the actual day arrives all of your events will be at different times. The schedule of the events are near the gym doors. While you are waiting for your event time you can play with your friends. You can play soccer, basketball, or throw a frisbee around. Never give up on your event, just keep pushing through and always try your very best!



GYM CLASS AT LDHSS

Gym class at LDHSS is probably more similar to your old school than you might think. Gym class is one of my favourite classes! In Gym, the teacher will pick your activity, but instead of doing it for only 1 day, you will get to do it for 2 weeks! After the 2 weeks are over, you will rotate to another sport for another 2 weeks. You will experience a wide variety of games and sports to choose from, including some sports you might not have heard of. These include Chop ball, Omnikin ball, and field hockey. Of course we still have the sports you are probably more familiar with, like soccer, hockey, dodgeball, badminton, touch football, and many more.

At LDHSS, we have a Tier 1 and Tier 2 soccer team.

What might be different for you this year, is that you will have to bring a pair of gym clothes with you to every class. Don't worry though, all you need to bring is an extra t-shirt and shorts. There will be 2 entrances to the intermediate gym, a blue wall and an orange wall, the girls go in the doors by the orange wall, and the guys go through the doors by the blue wall, there are change rooms once you walk in, and yes, you have to change in front of other guys, or girls. But don't be scared, because the other Grade 7's are probably just as nervous as you are. I recommend you bring a bag to keep your clothes in, but this is totally up to you.

Gym class might sound hard and confusing, but believe me, it's not bad after the first day, and it's easy to remember. You will have lots of fun in gym class, I promise!



SPORTS

&

CLUBS



CLUBS AT LDH

There are a lot of great clubs you can join at LDH, and they can help make your school experience fantastic! At LDH, we have a large variety of clubs to join, and we mean large! Our school has many different clubs that start at many different times including before, after, during school, or during recess and lunch! Here are a list of some of the potential clubs:


- Chess Club
- W.E.B
- Milk Bag Club
- Band
- Teach your passion
- Mathletes
- Vocal Ensemble
- RISE
- Cooking Club
- And a whole lot more!




Joining a club is a fun way to meet new people and hang out with your friends. So what are you waiting for? Join a club, to make your school experience is a great one!

INSTRUMENTS


Have you ever wanted to play one of those cool, shiny-looking instruments and play them in a professional band? Well, in Gr.7, you have the opportunity to do so! Mrs. Sheridan and Mr. Gumaste are our excellent and dedicated music teachers who will teach you through two 40-minute periods of music instruction per week for the entire school year. We offer a number of woodwind and brass instruments including flute, clarinet, saxophone, trumpet, trombone, French horn, baritone, and tuba as well as percussion and bass guitar. In September, you will be helped to make an informed decision as to which instrument you will learn for the year. Further details will be communicated to families closer to the start of the new school year.

 In music, you will learn to work together, cooperate with each other, and learn to play as a band to produce lovely music. You will love the tunes, they are so nice and catchy that most of them are stuck in my head!

 You really love music? Then follow your passion and join one of our bands (or all)! The intermediate bands consist of the concert band, and the jazz band. You can learn more about band in our band section just below. I joined the concert and jazz band and I really enjoyed the experience, I really loved performing our pieces to others!

After hearing all this, I bet you can't wait to play music in Gr.7!

BAND

 If you love music, then you are going to want to join band. Once you have mastered your instrument you have a choice to join two bands. The first band is jazz band and the other band is concert band.

Jazz Band	Concert Band
In Jazz Band you play a lot of fun and action packed songs. In Jazz Band there are specific instruments being played including the trumpet, saxophone, trombone, piano, guitar, and drum kit. If you are in Jazz Band you get to play in about two concerts.	In Concert Band you will play from the beginning of the year to the last day of school. You will play fun and complex pieces throughout the year. You will have a chance to use other instruments in band like: tuba, baritone saxophone, French horn, bass clarinet and percussion. You get to go to the Music Festival around Christmas. This is where you are adjudicated and compete against other bands. It's fun!

In band you have two practices a week, so you will have to keep your ears open to see when they are! Fitting the time in is pretty easy if you don't have many activities. In my opinion band is the most fun thing you can do in Grade 7.

Where do you get your instrument?
 You will have to buy your own instrument or rent one from the school. If you rent one from the school you will share it with other people but you will get your own mouthpiece. When I got told that I would be playing the trombone, I bought my own but I know many friends who borrow from the school, and they have no problems whatsoever.

DRAMA CLASS

Have you ever wanted to be an actor, or just have loads of fun with expression? Well you can do that with drama class. In drama, there are 2 major things that happen: plays/skits, and games. For the plays, we do something different every time! We either do a quarter page script or a 4 paged script. You can add your own twists to the plays to make it like your own, and this is encouraged. For games, there are a wide variety of games you might play. Crazy chicken is one of my favourites.

Drama class teaches you many different techniques on how to become an actor. These skills include how to use your voice, facial expressions, body language how to communicate with your audience!

In drama, outdoor shoes are not welcome, so bring a pair of indoor shoes with you! You will have 1 period of drama a week throughout the school year! Many people consider drama to be their favourite subject and I agree. It is a lot of fun, and a great way to be expressive!



VISUAL ART CLASS

At LDH there are a lot of classes and one of them is Visual Art. You will have visual art class once a week for the entire year. In Visual Art class you will need a sketchbook, a pencil, a black permanent marker, a glue stick, and an eraser.. Some things we did in art this year were: portfolios (scream poster), zentangles (painting with it inside), and clayheads. You will be doing similar projects like these.

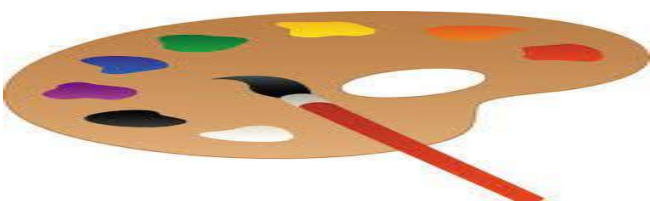


If you want to do more art outside of just art class, than you are in luck. There is also an art club that offers a series of workshops. The workshops can be free or up to 25\$. They try to keep the costs low, but it will likely be close to 5\$. If the workshop is close to 5\$ they will order pizza (a slice plus a drink for 2\$) too! The workshops are always different, so you will never get bored!

Art is a lot of fun but can take a lot of time. If you are having trouble getting a project done on time, you can always go to the art classroom on Mondays, Tuesday, and Fridays for the whole 1st Nutrition Break.

At LDH we even have an art show every year! At the art show, we have a lot of activities, like Silent Auctions, Face Painting, Displays, and Selling or Buying Art.

I hope you enjoy Art Class next year!



ON THE ROAD...

Ever wonder how you will get to school this year? At LDH, you have to say goodbye to the old yellow school buses, but you'll be saying hello to the city buses! These buses are your new way of getting to school, and back home, unless you *really* want to bike, walk or be driven to school. In order to be able to take a bus, you need a bus pass, money, or bus tickets. You can get a free OC Transpo Card (Presto Card) at school after your first day of school, but you can only get it if you live 1.6km or more away from LDH. You will sign up for one on an information sheet that you will be given.

Your elementary school is a good place to start in determining what bus to take. If it's either Farley Mowat or ACES, you have 2 different routes to take to get to school and back home. You can take the 171, which is for people who live closer to ACES, or you can take the 176, which is for people who live closer to Farley Mowat. If you aren't sure which route to take, you can always ask the people on bus duty after school or the office staff!



The OC Transpo bus you will be taking to school! There are 3 or more buses that come in the morning from each route, and lots of buses from each route that come after school in a special "Bus Only" parking area. Unfortunately for you, there will be no snow days anymore! The city buses don't have any snow days, so that means you will have to come to school on those blizzard-like days! I find taking the bus is a simple, quick, and an easy way for me to get to school. Now that you know how you will be getting to school, will you join the bandwagon of buses?

THE MUST KNOWS!

What we wished we knew before our first day ☺ Now we can pass it on to you!

Helpful Tips to keep your OC Transpo Card safe:

1. Keep your card in a bag at all times!
2. Put your card on a lanyard (round piece of string with keys attached to it) and put it around your neck when it needs to be used.
3. Keep it inside your locker at all times. Only take it out when you finish school and are going home.



ALL ABOUT THE CAFETERIA

Have you ever wished you could have a specific type of food at school? Well you are lucky because this year you are going to have a cafeteria at school. The cafeteria has a vast menu of food to choose from. They have everything from burgers to poutine, and garlic bread to even Menchie's (frozen yogurt). My personal favourites are the hamburger, which is \$2.45, and the fries which are \$2.25! But here is some important advice: stay FAR away from friends after you buy your fries, or you'll have none left for yourself! The cheapest item you can buy here is the Freezie for 25¢, but the prices can vary to around 10\$ with specialty items. Not only will you be buying food here, you will be eating in the cafeteria too. In the cafeteria there are many rows of tables and benches where you will be eating for about 20 minutes.

Along with the amazing things that come out of the cafeteria, there are also vending machines. In total, there are 7 vending machines. There is 1 near the gym and 6 near the cafeteria. Vending machines are handy, but you can't walk out of class to buy a bag of chips! You can go before and after class, or during break.



The Vending Machines!
They have lots of yummy snacks!

I hope you are excited to use the cafeteria, don't forget to bring your money if you want to try a new treat!



The Cafeteria! This is where the Grade 7s and 8s eat.

Here are some **HELPFUL TIPS** about the cafeteria!

1. Fridays have lines that LITERALLY don't fit in the cafeteria!
2. The cafeteria occasionally runs out of food (usually the fries for poutine)
3. The vending machines are sometimes broken, but there will be a poster taped on so you don't waste your money.

CHROMEBOOKS @ LDH

At your old school did you have a computer lab? Well, at LDH we do not have a computer lab, instead we have Chromebooks that your teacher can book when your class needs it. There are 3 carts of Chromebooks for your class to use and if there is not enough you can always use your own device if you have one. The Chromebooks are used for projects and research. If you are lucky there are some classrooms that have their own tub of 5 Chromebooks to use when they need one. I personally like Chromebooks because they are faster and you don't have to bring all of your books down to a computer lab like you did at your old school. At LDH we even have iPads that you can take out from the library for the day. We have lots of technology at LDH!



Joke
Break:

Why don't eggs
tell jokes??

Because they
will get cracked up!

PERSONAL DEVICES

Do you have a device? When it comes to using it at school you have to follow the rules. When you are at school you can use your device to help you do your work, but ONLY if you have permission. If your teacher catches you texting or doing other non-school related things, than you can lose your device for the rest of the day. Be smart and only use your device at the right time. Take care of your device and make the right choices!

Sometimes at the beginning of class your teacher will tell you to put your device in a bin or small box to keep you from using it! You will get it back at the end of class though! Of course you're allowed to use your device outside of class including at recess and lunch. We recommend you to set your device on either vibrate or turn your notification sounds off just in case. Here are some of the uses that you might use your device for reading in class and also for taking pictures of important notes or homework on the board! If you follow the rules than using your device shouldn't be an issue.

Library

The school's library is located in the high school wing. This year you are going to need a School ID Card in order to take out books. Make sure you don't forget it! The maximum number of books you can checkout is a total of four books at a time. Make sure you return everything on time because when your book is overdue, you have to pay a fine of 10 cents each day you don't return your book.

Sometimes you can visit the library at recess time, but that's only if your teacher gives you a library pass. You're also free to go to the library after school for a really short period of time. The only other time you can go is when your teacher books the library for your class!!

At LDH each page you print on will cost you 10 cents. We suggest having some money with you in your locker in case! Students really enjoy going to the library because there are a lot of different books and it is a really quiet place for people who enjoy having a quiet area to work and relax. Do you think this is maybe a place for you too?

THE QUIET ROOM

Welcome to Grade 7! There is a cool room called the Quiet Room at LDH. You can go there for work (individual or small group). You can look up stuff on the computers, read a book, or do homework. You can go to the quiet room with your teachers permission, if you need a quiet space to work or a larger area to work (quietly) in a small group.

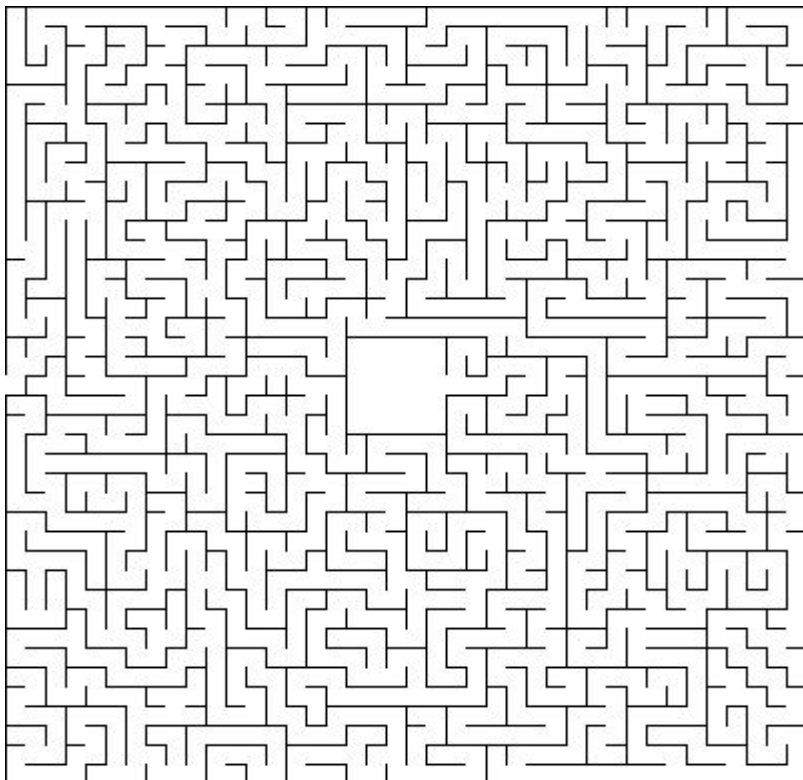
There will be staff who are happy to help you and you can only be in the resource room when a teacher is inside the room with you. The resource room is a great room where you can relax, read, have fun and finish any homework

Time to have some fun...

- BREAK**
- CLASSES**
- CLASSROOM**
- DRAMA**
- LOCKERS**
- LONGFIELDS**
- LUNCH**
- RECESS**
- SCHOOL**
- SPORTS**
- TEACHERS**
- TEAM**

D C B J P K P R B S T Y Q Z G T N C S J W
 G R F V X N X G D G R E F G S E H L R H
 N E A B C K X L B R E L A F O A Z A A X
 M I M M X G E W T Z R V S C I M T S Z L
 N V J T A I I F W N G Y L S H U Z S F Y
 D K D Y F C L A S S R O O M E E D E R T
 X Y K G J V L S T R O P S D F C R S H Q
 O T N J I O P H A T N G C A J A E S I W
 P O H V C L R P H Z B A L N S L H R V I
 L I S K N O W J D F C Q H U L D M V F K
 X R E C G O L U N C H N O K X I H B A R
 W R H O T H A X V A M C Q N J Q P E E C
 S K W X M C X S N E E X L K U J R H Q I
 J T X S T S Z D I J A T W Y F B Q S Z Q
 H Q C V A L P Q Y F E P L O U E S D F S

Can you escape from the middle?



Word Scrambler!
 Try to unscramble the words!

- vesnar –
- prlpue –
- olosch –
- sicmu –
- celokrs –
- bliray –
- feliognsd –
- facraetie –

Ravens, purple, school, music, lockers, library, longfields, cafeteria